

# Newsletter Stavanger kajakklubb November 2015

After a small break we are now back with a new newsletter. The plan is that this will be issued approx. once a month. Older versions will be available on our website: [www.stavangerkajak.no](http://www.stavangerkajak.no)

## Fall is coming to an end

We have had a fabulous fall with great turnout for trips, trainings and activities. It has been fun to meet so many kayakers on the various events.

Winter is a calmer period but still high season for kayak polo, circuit training and pool training. We will continue to host Sunday kayak trips until Christmas.

Planning of next year's activities and trips are well underway and will be presented after new year's.

Hopefully the commencement of building of the new club house is drawing nearer and we will keep you posted.

Have a great Christmas and get in touch if you have any questions.

Please do pass this newsletter on to anyone who might be interested.

## Club house and facilities

We are working a lot on this presently. The good news is we can continue to stay in Sandvigå, at least until the end of 2016. This means we will have time to build the new club house before we need to move out. It saves us a lot of time and money.

## Santa Paddle

Don't forget Santa paddling on Sunday 20<sup>th</sup> of December. We meet in Sandvigå 11.00hrs with glitter, santa hat, gingerbread cookies and mulled wine before we head into the inner harbour to paddle around the Christmas tree. Yes, we will bring our own tree :D

Afterwards we will paddle to one of the islands for some food and drinks.

## Circuit training on Wednesdays

We have circuit training for everyone each Wednesday on Tastaveden school. Approx. one hour workout. Nothing fancy and no loud music. Good spirits and strengthening of core muscles. Suitable for everyone.

Starts at 18.30hrs (PS no training in December as the gym room is closed)

## Map of the Stavanger archipelago

The club has participated in the making of this new map and hope as many as possible want to use it. We have gotten financial support for these maps, and if you purchase it from us you support the club. Price is 200NOK for members.

Map contains a lot of info about recreational areas, diving spots, climbing spots and kayak destinations.

On this link (Norwegian) you can read more about it: <http://www.aftenbladet.no/nyheter/lokalt/stavanger/Nytt-friluftslivkart-for-Stavanger-3742961.html>

Send an email to: [dagligleder@stavangerkajak.no](mailto:dagligleder@stavangerkajak.no) and we will send it to you in the mail.

## Gift card for Christmas?

We have gift cards for membership, courses etc. Get in touch and we can arrange this in time for Christmas.

Nettside: [www.stavangerkajak.no](http://www.stavangerkajak.no)

Instagram #stavangerkajak

Facebookside: [www.facebook.com/stavangerkajakklubb](http://www.facebook.com/stavangerkajakklubb)

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